



EATING DISORDER FOUNDATION
OF NEWFOUNDLAND AND LABRADOR

HOPE ALWAYS

Bridge to Hope:

*An Education and Support Group for
Families/Caregivers with a Loved One with an
Eating Disorder*

WHO: The Eating Disorder Foundation of Newfoundland and Labrador is offering an education and support group for families and caregivers of persons living with an eating disorder.

WHEN: 1 evening per week for 8 weeks from 7:00 - 8:30 pm

Beginning Tuesday March 21st, 2023

(Note: We will not hold the group on Tuesday April 11th due to the Easter break)

WHERE: Via Videoconference using Zoom

WHY: To have an opportunity to meet with other families and caregivers, and with professionals who provide services to clients who have an eating disorder.

HOW: To start the intake process please contact Deidre Keating at counsellor@edfnl.ca

The session will be facilitated by:
Deidre Keating, M.Ed. (C.C.C.)