



EATING DISORDER FOUNDATION
OF NEWFOUNDLAND AND LABRADOR

HOPE ALWAYS

Bridge to Hope:

*An Education and Support Group for
Families/Caregivers with a Loved One with an
Eating Disorder*

WHO: The Eating Disorder Foundation of Newfoundland and Labrador is offering an education and support group for families and caregivers of persons living with an eating disorder.

WHEN: 1 evening per week for 8 weeks from 7:00 - 8:30 pm
Beginning Tuesday January 30th, 2024

WHERE: Via Videoconference using Zoom

WHY: To have an opportunity to meet with other families and caregivers, and with professionals who provide services to clients who have an eating disorder.

HOW: For information and to register please contact Cathy Skinner at cathy@edfnl.ca

The session will be co-facilitated by:

Patricia Nash, M.Ed. (CCC)

Cathy Skinner
Program Manager